

Mary K Greer's Court Card Worksheet

The following stimulates the intuitive images you can have of another person. I have adapted this exercise for use with Tarot cards from Frances Vaughan, *Awakening Intuition*. New York: Anchor Press/Doubleday, 1979.

First, pick a Court Card that interests you. Write down spontaneously and without inner criticism the first image that emerges.

DATE: _____

THE COURT CARD I PICKED FOR THIS EXERCISE IS: _____

If the person in this card were an animal, what type of animal would it be? What type of plant would it be?

If this person were a landscape, what would it be like?

If this person were a body of water, what kind would it be?

How deep would the water be?

How clear?

What temperature?

Describe its movement:

If this person were a light, it would be:

What color?

What intensity?

If this person were a geometrical symbol, what would it be?

If this person were a type of music, what would it be like?

If this person were a tool, what would it be?

If this person were a character in history, who would it be?

How would you visualize this person as a little child?

What is this person's energy field like?

What is the energy field like between you and this person?

Take a few minutes to be quiet and receptive to any images that may emerge spontaneously as you continue to focus your attention on the figure in the card.

Write down any additional images that emerge:

Describe how you resemble the card you drew:

How are you unlike it?